

Advice for stopping virus spread



Cover your mouth and nose when coughing / sneezing



Put used tissues in the bin immediately



Wash your hands often and thoroughly (for least 20 seconds)



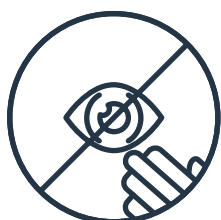
Always wash your hands when you get home or into work



Use hand sanitizer where available



Try to avoid close contact with people that are ill



Do not touch eyes, nose or mouth if hands are unclean